

Key questions to ask about managing your multiple sclerosis

What is multiple sclerosis (MS)? What happens to the immune system in MS?	Am I sure that I have MS? How likely is a wrong diagnosis?	What does diagnosis involve? Will I have to wait long for test results?	What type of MS do I have? Are all types of MS treatable?
What is my likely prognosis? Can I do anything to get a better outcome?	What happens to untreated MS? Without DMTs would I end up disabled?	Do I have active MS? How do I know if I have active MS?	Am I eligible for an MS DMT? Who decides on my treatment options?
How do I want my MS treated? Do I have a say in the choice of treatment?	How immunosuppressed am I? What is my risk of infections or cancer?	What are the risks from DMTs? How can I reduce their adverse effects?	What does treat-2-target mean? And what about NEDA and NEIDA?

DMT, disease-modifying therapy; MS, multiple sclerosis; NEDA, no evident disease activity; NEIDA, no evident inflammatory disease activity.